

## Chairman's Message

# Beyond the Horizon: A New Dawn in Diabetes Care



Dear Esteemed Readers, Researchers and Colleagues,

It is with immense pride, deep gratitude, and a heartfelt sense of purpose that I welcome you to this very special edition of the Pacific Journal of Medical and Health Sciences. This Special Issue on Diabetes is, without question, the most ambitious and comprehensive we have ever published, and it is dedicated entirely to one of the most pressing health challenges of our time: *Diabetes mellitus*.

Diabetes is no longer simply a clinical diagnosis. It is a global story, unfolding in hospitals and homes, in laboratories and communities, across every age group, every profession, and every corner of the world. It is a condition that touches the diabetologist and the general practitioner equally, that concerns the nutritionist and the neuroscientist, the paediatrician and the public health professional, the Ayurvedic practitioner and the researcher working at the frontier of regenerative medicine. This issue has been conceived and curated with every one of you in mind.

At the heart of this Diabetes Special is our landmark feature, Recent Medical Advances, a meticulously curated collection of 199 cutting-edge research papers published globally, predominantly between 2024 and 2025. These papers represent the most significant advances in Diabetes research across the full spectrum of the disease, from prevention and early detection through novel therapeutics to the management of its most complex complications. To make this extraordinary body of knowledge navigable and meaningful, our editorial team has organised these papers into 28 distinct, thoughtfully designed categories.

What strikes me most about this collection is not merely its scale, impressive as that is, but the story it tells about where medicine is headed. We are living through a remarkable moment in the history of Diabetes care, one where the boundaries between disciplines are dissolving, where a breakthrough in molecular biology speaks directly to the clinic, where technology and humanity are finding new ways to work together in the service of the patient. This issue captures that moment with honesty and clarity. It reflects a field that is not standing still, that refuses to be defined only by its challenges, and that is moving, with gathering momentum, toward genuine transformation in how we prevent, detect, and treat this disease.

Beyond the research, this issue carries our original peer-reviewed contributions in the form of Research Papers, Case Reports, and Reviews, each reflecting the rigour, originality, and scholarly commitment that have always defined this journal.

To our readers, I say this: you hold in your hands not merely a journal, but a compass. In a world where medical knowledge is expanding faster than any individual can track, we hope this issue serves as your trusted guide to what matters most in Diabetes care today and tomorrow.

To every author who trusted us with their original work, every reviewer who gave their time and expertise, and every member of our dedicated editorial team who made this issue possible, I offer my deepest thanks. Your collective commitment to advancing medical knowledge is what gives this journal its soul.

May this issue inspire curiosity, sharpen your clinical thinking, and above all, strengthen your resolve to make a difference in the lives of the millions living with Diabetes around the world.

With Sincere Appreciation and Enduring Hope,

A handwritten signature in black ink, appearing to read 'Rahul Agrawal', written in a cursive style with a horizontal line underneath.

**(Rahul Agrawal)**

Chairman, Pacific Medical University, Udaipur

Patron, Editorial Board, Pacific Journal of Medical and Health Sciences